

Education Refresher and Skills Review provided by:  
**Compass Nursing Arts**  
Let Compass Help with Your Training Needs!

**Why Choose Compass Nursing Arts for your staff training needs?**

- We specialize in creating curriculum to engage students and enhance learning.
- Experienced nursing instructors with over 50 years of patient care and teaching experience.
- Flexible teaching options at our site or yours.
- Affordable! \$100/hour for up to 10 employees in our lab on site.

**CNA and Caregiver Training Options:**

**Dementia Training** An 8 hour interactive course, you choose the location.

- Understanding Dementia and the Different Types
- Instruction and Practice with Communication Techniques
- ADL Practice with Cares
- Observing and Reporting
- Changes in Condition with Dementia and What to Watch For?
- Supporting the Client in Activities
- Supporting Appropriate Independence and Engagement for Quality of Life and Joy
- Infection Prevention Techniques and Practice
- Safety and Supervision Needs
- Scenario Practice for care of Behaviors and Catastrophic Reactions
- Supporting the Resident in Quarantine/ Isolation

**Skills Fair at Compass Training Center** (return demonstration of skills)

- Resident/Client Rights and Practice Techniques
- Bathing procedures, Hair Care, and Safety Guidelines
- Transfer techniques, Gait Belt Use, and Transfer/ Ambulation
- Safety Guidelines for use of Hoyer, Sit-to-Stand
- Elimination Needs Observation/Reporting
- Catheter Care, Drainage Bag Care, and Changing from/and to Leg Bag
- Oral care, Care of Equipment, Denture care, and other Prosthetics
- Care and Use of Hearing Aids
- Infection prevention with ADL/Care including Bathing/Showering
- Preventing Skin breakdown, Observing and Reporting Skin Changes and Injury Prevention

**Reboot Resilience Workshops**

Fun and rewarding classes for building resilience skills to better manage stress.

All resilience classes include activity exercises, such as creating art, group activities and team building. Resilience training is important for employee retention.

## ☐ **Customize Your Training! Choose from the Following:**

Assist Clients with Meals	Paraplegic Care	Bed Making
Activities Plan/Support	Urinary Collection	Denture Care
Hand Hygiene	PPE/Isolation	Mouth Care and Observation
Communication Skills	Measuring Urine Output	Range of Motion Exercises
Prosthetic Care	Skin Care	Changing a Brief
Client with Tracheostomy	Respite Care	Safety/ Body Mechanics
Vital Signs Review	Changing a Brief	Palliative/Hospice Care
Check-Off	Shaving	First Aid Basics
Lifting and Moving Residents	Laundry	Hard of Hearing care
Transfer to Wheelchair	Positioning in Bed	Charting, Incident Report
Ambulation with Gait Belt	Medication Reminding	Care with Diabetic Client
UTI Prevention	Toileting	Care for the Pediatric Client
Housekeeping	Hair Care	Hospital CNA Care
Care for Client on Hospice	Ostomy Assistance	Skills Review to Pass State
Nail Care	Dressing with Affected Side	Foot care and Inspection
Postmortem Care	Cultural Competency	Adaptive Equipment for ADL
Respite Care	Client/resident in Isolation	Oral Care
Companionship Care	Apply Compression Stocking	And more!
Quadriplegia Care	Perineal Care	

## **Free Consultation!**

Contact us for your employee needs and training. We offer a 30 minute phone consultation. Call or email [start@compassCNA.com](mailto:start@compassCNA.com) to set up an appointment.

**Compass Nursing Arts** 108 West Baseline Rd, Lafayette, CO, 80026



- Website: [www.CompassCNA.com](http://www.CompassCNA.com)
- Phone: 303-484-9650
- Email: [start@compassCNA.com](mailto:start@compassCNA.com)